



The In Touch

Volume 59, Issue 8

Our Mission: To Seek, Know, Love and Serve Christ in all Persons and in all Creation

Ramblings from the Bishop.....

A word on wine....

Back in 2022, Bishop Loya wrote, "Congregations are strongly encouraged to return to the fullness of our church's sacramental life and practice without restrictions. This includes reintroducing the common cup at Eucharist, which is an important part of our theology and practice".

The pandemic changed life. It changed the way we think and interact. We put on masks and moved to safe distances and "zoom" took the place of face to face.

It changed the way we worship. But as the pandemic waned, we moved from live streaming and virtual Eucharist back to our sanctuary with social distancing, and finally back to the communion rail and breaking bread together.

Not everything can go back to the way it used to be. Maybe not everything should. Zoom and its look alikes are here to stay, and they have strengthened our connections with the broader Episcopal Church in Minnesota. We discovered resilience and flexibility that had not been previously tested.

The Episcopal church is sometimes described as a 3 legged stool - a church balanced on the the equally important legs of scripture, tradition and reason. During the pandemic, particularly before we fully understood how COVID spread, reason (and compassion) demanded that we adjust our traditions, first away from having physical communion at all, and then avoiding the common cup. Reason no longer demands that.

A large literature review on Eucharistic practices published by the National Institute of Health in 2020 concludes that in the long history of communities sharing the Common Cup – a worldwide practice – “the transmission of any infectious disease has never been documented.” No community viral outbreaks, including COVID, have ever been traced back to the sharing of the Common Cup nor have researchers ever found enough infectious material in the Chalice (at the end of a service) to allow for infectious transmission. Intinction (dipping the bread in the wine) is actually more likely to cause disease transmission than the common cup, as is “passing the peace”. According to the Rt. Rev. John Baycroft, former Bishop of Ottawa described the central role of the Common Cup to our heritage:

“The cup is also important. Jesus took one cup and gave it to all of his disciples to drink. Perhaps it was the cup of Elijah from the Passover ritual as some people say, but it was certainly a single cup. He did not merely pour wine into the disciples’ individual cups and tell them to take a drink. There is a powerful challenge in this one. We are reminded of the agonizing decision that faced Jesus when he was praying before the crucifixion: ‘My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as thou wilt. (Matthew 26:39). We are also reminded by the one cup that we cannot drink it alone. We drink from a common cup as a strong symbol of unity and our willingness to accept each other. We share our love and lives as we share the cup. The implications for this for fellowship and support in the local church, for relationships between rich and poor in communities and nations, and for justice between North and South and first world and world countries are enormous. The cup of love and unity is unavoidably a cup of sacrifice.”

Theologically, symbolically, scripturally, returning to the traditional use of common cup is desirable. Practically, the use of the common cup does not raise risk beyond that which we already accept in gathering, singing, praying and talking with each other. Additionally, some of our congregants have a hard time handling the small cups properly. Starting August 4, we will plan to return to the use of the common cup.

The Church has long held that a person taking only one form of Communion (either the bread or the wine) has fully communed. No one should feel pressured to sip from the Common Cup.

Every member of the altar party will wash/clean their hands before distributing bread or wine.

Those who distribute the wine will “wipe and turn” the chalice after each sip (there is evidence that this further reduces trace amounts of “germs”).

Following best practice recommendations, we discourage the use of intinction (dipping the bread in the wine)



Watch Holy Trinity Livestream On Facebook

Service bulletin is on our website: www.ifhtec.org

Sundays @ 10:00 am

Services can also be viewed on KCC-TV



8/1~8/31 ~ Willie Corrin
~ Jim Yount
~ Waylon Rasmussen
~ Gavia Crossley Yount
~ David Menefee
~ Delbert Hickey
~ Jim Stone
~ Rev. Samantha Crossley
~ Kelly Mattsen
~ Sarah O'Kane
~ Etta & Sheila Johnson



8/9 ~ Andrew Strand
8/10 ~ Morgann Rud
8/15 ~ Tom Grim
8/24 ~ Pam Davison
8/28 ~ David Menefee
8/30 ~ Heather O'Kane



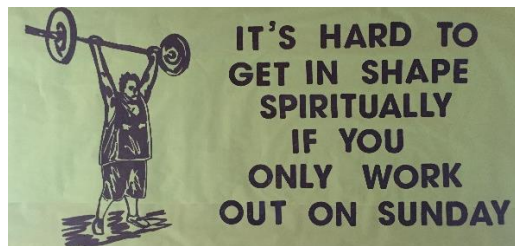
8/1 ~ Matthew & Edith Jenkinson
8/9 ~ Lynn Naeckel & David McKee
8/12 ~ Mandy & Rick Windschitl
8/13 ~ Erik & Jeannie Strand
8/18 ~ Brittany & Joe Klatt
8/21 ~ Wilbur & Mary Ann Tveit
8/29 ~ Andy & Georgeann Wright



Voyageurs Park Service

Dates Will Be:

Aug. 4th & 18th



August '24 Sunday Service Lay Responsibilities

| Dates | Celebrants | Acolytes | Lectors & Lessons | Greeters |
|---|---|-----------------------------------|-------------------|----------|
| 4  Holy Eucharist 10:00 am 11th Sunday after Pentecost | Rev. Dr. Samantha Crossley Deacons: Lee Grim or Melanie Mattsen | Lee Grim Or Melanie Mattsen | Jeanne Corrin | |
| 11 Holy Eucharist 10:00 am 12th Sunday after Pentecost | Rev. Dr. Samantha Crossley Deacons: Lee Grim or Melanie Mattsen | Lee Grim Or Melanie Mattsen | Carole Johnson | |
| 18  Holy Eucharist 10:00 am 13th Sunday after Pentecost | Rev. Dr. Samantha Crossley Deacons: Lee Grim or Melanie Mattsen | Lee Grim Or Melanie Mattsen | Tricia Brennard | |
| 25 Holy Eucharist 10:00 am 14th Sunday after Pentecost | Rev. Dr. Samantha Crossley Deacons: Lee Grim or Melanie Mattsen | Lee Grim Or Melanie Mattsen | Erik Strand | |
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AUGUST 2024



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--------------------------------------|---------|-------------------|----------|--------|-----------------|
| | | | | 1 | 2 | 3 Altar Guild |
| | | | | | | Carolyn & Molly |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 Altar Guild |
|  Holy Eucharist 10:00 a.m. | | | | | | Carolyn & Molly |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 Altar Guild |
| Holy Eucharist 10:00a.m. | Ruby's Pantry 5:00 – 6:30 | | Vestry 5:00 pm | | | Tricia |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 Altar Guild |
|  Holy Eucharist 10:00 a.m. | Newsletter Deadline (Samantha) | | | | | Tricia |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Holy Eucharist 10:00 a.m. | | | | | | Donna & Karen |
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