

Welcome to
Holy Trinity Episcopal Church



14th Sunday after Pentecost

August 30th, 2026

Holy Trinity Episcopal Church

A Total Ministry Congregation

820 Fourth Street
P.O. Box 170
International Falls, Minnesota
218-283-8606

www.ifhtec.org

holytrinityif@midconetwork.com

Our Mission: To seek, know, love and serve
Christ in all persons and all Creation.

Ministers: All the Baptized
Celebrant: The Rev. Dr. Samantha Crossley
Deacon: Venerable Archdeacon Lee Grim

Readers: Carole Johnson
Music: Gerry & Jackie Guimond &
Gavia Yount

Bishop of Minnesota: The Rt. Rev. Craig Loya

***Watch Holy Trinity Livestream on Facebook
Sundays: 10:00 am
Services can also be viewed on KCC-TV***

Come and Follow Me

1. Come, be my light, be my voice to the na -
2. Go, take your gift to the poor and the lone -

tions. Be my hands, be my heart for the world.
ly. As you love, so will I live in you.

Would you go where I go? Where I lead,
Will you feed, feed my lambs? Share your hope

will you fol - low? Would you leave ev-'ry - thing
with the hope - less? Bring new sight to the blind

for my sake? By the pow - er of the Spir -
in my name? With a tow - el and a ba -

it, ev - 'ry - one with ears to hear it will em -
sin, t'ward the king - dom we will has - ten, through the

brace the call to love with - in their heart.
nar - row gate that leads to Cal - va - ry.

✂ Retrain

If an-y-one would come and fol-low me, my dis-

ci-ple you would be. Leave the past be-hind, seek and you will

find all you're called to be. If an - y - one would
 come and fol-low me, know the truth will make you free.
 Give and you re - ceive. Trust me and be -
 lieve. Come and fol-low me.
 With a tow - el and a ba -
 sin, t'ward the king - dom we will has - ten, through the
 nar - row gate that leads to Cal - va - ry.

(Lines in **BOLD** are spoken by the People)

Celebrant: Blessed be God; Father, Son, and Holy Spirit.

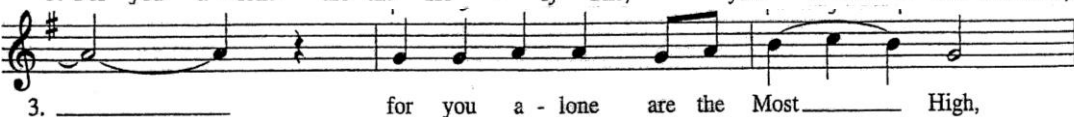
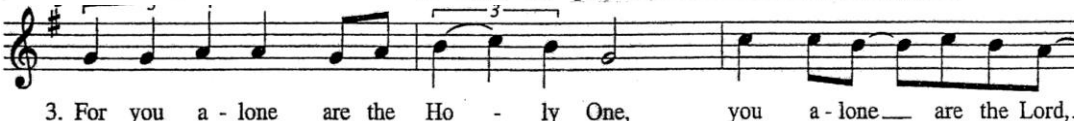
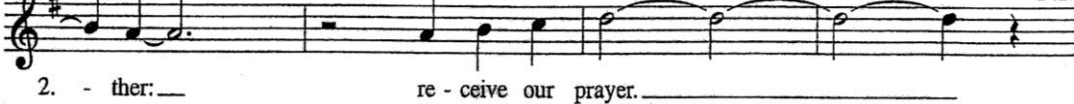
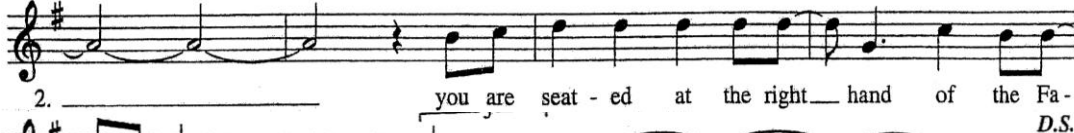
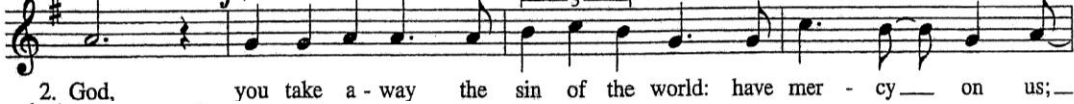
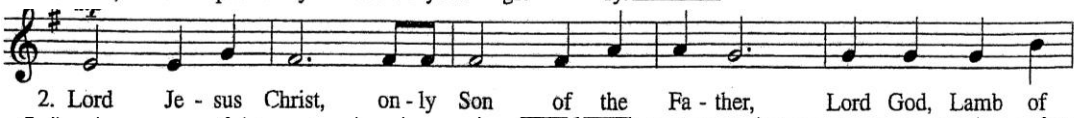
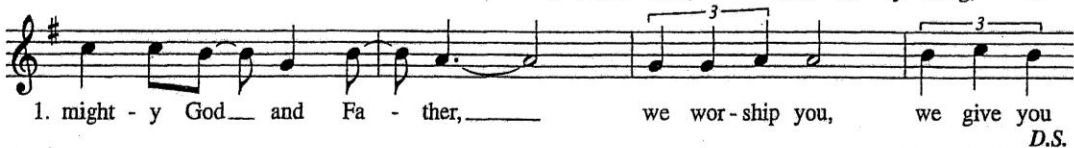
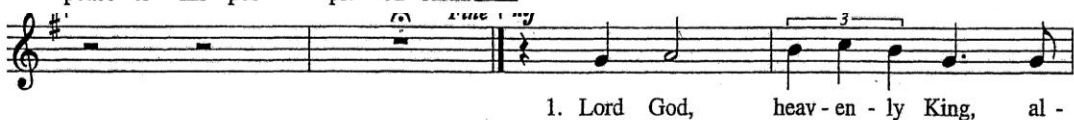
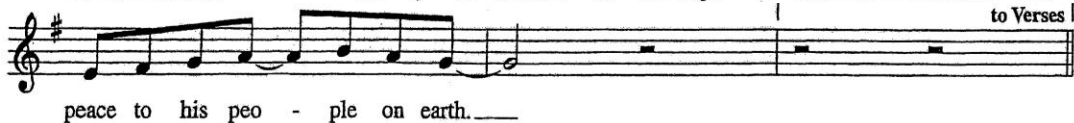
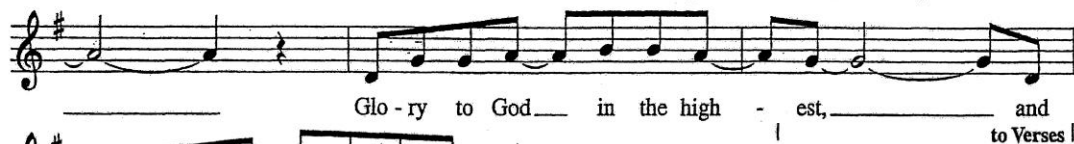
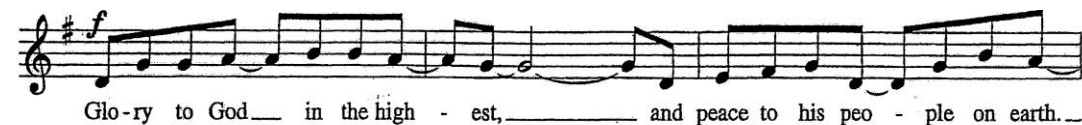
People: And blessed be his kingdom, now and for ever. Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria

Mass of a Joyful Heart
 Steve Anaritano and Tom Tomaszek





Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Lord of all power and might, the author and giver of all good things:
Graft in our hearts the love of your Name; increase in us true religion;
nourish us with all goodness; and bring forth in us the fruit of good
works; through Jesus Christ our Lord, who lives and reigns with you and
the Holy Spirit, one God for ever and ever. ***Amen.***

Please be seated.

First Reading

Jeremiah 15: 15-21

¹⁵O LORD, you know;
remember me and visit me,
and bring down retribution for me on my persecutors.

In your forbearance do not take me away;
know that on your account I suffer insult.

¹⁶Your words were found, and I ate them,
and your words became to me a joy
and the delight of my heart;
for I am called by your name,
O LORD, God of hosts.

¹⁷I did not sit in the company of merrymakers,
nor did I rejoice;
under the weight of your hand I sat alone,
for you had filled me with indignation.

¹⁸Why is my pain unceasing,
my wound incurable,
refusing to be healed?

Truly, you are to me like a deceitful brook,
like waters that fail.

¹⁹Therefore thus says the LORD:

If you turn back, I will take you back,
and you shall stand before me.

If you utter what is precious, and not what is worthless,
you shall serve as my mouth.

It is they who will turn to you,
not you who will turn to them.

²⁰And I will make you to this people
a fortified wall of bronze;
they will fight against you,
but they shall not prevail over you,
for I am with you
to save you and deliver you,
says the LORD.

²¹I will deliver you out of the hand of the wicked,
and redeem you from the grasp of the ruthless.

Reader Hear what the Spirit is saying to the Church.

People Thanks be to God.

Psalm 26: 1-8



Second Reading

Romans 12: 9-21

⁹Let love be genuine; hate what is evil, hold fast to what is good; ¹⁰love one another with mutual affection; outdo one another in showing honor. ¹¹Do not lag in zeal, be ardent in spirit, serve the Lord. ¹²Rejoice in hope, be patient in suffering, persevere in prayer. ¹³Contribute to the needs of the saints; extend hospitality to strangers.

¹⁴Bless those who persecute you; bless and do not curse them. ¹⁵Rejoice with those who rejoice, weep with those who weep. ¹⁶Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. ¹⁷Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. ¹⁸If it is possible, so far as it depends on you, live peaceably with all. ¹⁹Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord."

²⁰No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." ²¹Do not be overcome by evil, but overcome evil with good.

Reader Hear what the Spirit is saying to the Church.

People Thanks be to God.

All who are able, please stand.

Gradual Hymn

Mass of a Joyful Heart
Steve Angrisano

Refrain: All

Al - le - lu - ia. Al - le - lu - ia, al - le - lu - ia. lu - ia. lu - ia!

(Ord. Time) 1. Let your heart re - joice in the Lord. Let your
(Pent.) 2. God will send his Spir - it to you. He will

1. word pro - claim his deeds. Let your voice sing out to the
2. teach you all his truths. Ho - ly Spir - it, shine on

1. world that our God has come to save.
2. us the ra - diance of your light.

to Refrain

Holy Gospel

Matthew 16: 21-28

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

²¹Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. ²²And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." ²³But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

²⁴Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. ²⁵For those who want to save their life will lose it, and those who lose their life for my sake will find it. ²⁶For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

²⁷"For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. ²⁸Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

Please be seated

Sermon

All who are able, please stand.

People and Celebrant

Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,

**the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.**

**For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

In today's gospel, Jesus invites us to follow him. As he laid down his life in intercession for the world, let us pray on behalf of people everywhere, saying: Lord, strengthen us.

For all people of faith who struggle to believe in the promise of life amid the clamor of death, let us pray to the Lord.

Lord, strengthen us.

For the churches who must bear witness to the possibility of taking up the cross and following Jesus, let us pray to the Lord.

Lord, strengthen us.

For those who are losing their souls in the pursuit of worldly gain, let us pray to the Lord.

Lord, strengthen us.

For those laying down their lives in faithful dedication to God's call, let us pray to the Lord.

Lord, strengthen us.

For those who are to die this week, and for their safe passage to the life of the world to come, let us pray to the Lord.

Lord, strengthen us.

For all here present who will one day be judged by God's standards and meet Christ coming in glory, let us pray to the Lord.

Lord, strengthen us.

For all those in any need, especially the family of John Grate, the Franko family, Brian Koch, Roger Bergkamp, Glen Zimmer, Candace DeGagne, Nancy & Greg Hunter, Eddie Blaha, Tia Martins, Kris & Steve McClenney, Robin Monahan, Karen Race, Michael Valdez, Meghan Finlayson, Mike Solomon, Dave Karraffa, Karen Cendejas, & Sue Vidor. Let us pray to the Lord:

Lord, strengthen us.

We pray for all hospital chaplaincies, counseling chaplaincies and Spiritual Directors throughout ECMN. Pray for your faith community nurses, health ministers and all those who minister to the sick. For St. Johns' Anglican Church (*Fort Frances, Ontario*), and First Lutheran Church (Int'l Falls). Let us pray to the Lord.

Lord, strengthen us.

Most high God, your ways are not our ways, yet your ways bear life. Hear the petitions of your assembled people. Pour out on your world the faith to hear your call and the courage to answer it. We ask this in the name of Jesus, who is one with you and the Holy Spirit, one God, forever and ever.

Celebrant says

Almighty and eternal God, ruler of all things in heaven and earth;
mercifully accept the prayers of your people, and strengthen us to do
your will; through Jesus Christ our Lord. **Amen.**

Silence

Confession of Sin

All who are able, please kneel.

The Celebrant says

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

The Deacon then says

Let us confess our sins against God and our neighbor.

Silence

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Please be seated

Announcements

Holy Communion

The celebrant says

Walk in love as Christ loved us, and gave himself for us.

All who are able, please stand

Offertory Hymn

Take Up Your Cross 688

Refrain

The musical score is written on five staves in G major (one sharp) and 3/4 time. The melody is simple and hymn-like. The lyrics are printed below the notes, with hyphens indicating syllables that span across notes. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 3/4 time signature. The lyrics for the first staff are: 'If you lose your life for my sake, you will find it; if you'. The second staff continues: 'want to save your life, let it go. Take up your cross, de -'. The third staff continues: 'ny your - self: Come, fol - low me, fol - low me.'. The fourth staff begins with a rest for one measure, then continues: '1. How will you prof - it by gain - ing the world, while you'. The fifth staff continues: 'for - feit all of your life? What will you give in re -'.

If you lose your life for my sake, you will find it; if you
want to save your life, let it go. Take up your cross, de -
ny your - self: Come, fol - low me, fol - low me.
1. How will you prof - it by gain - ing the world, while you
for - feit all of your life? What will you give in re -



Prayers Over The Gifts

Gracious God, accept these Gifts from your people in gratitude for all your blessings poured out upon us. **Amen**

All who are able, please remain standing

Great Thanksgiving

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

*The Celebrant proceeds (Lines in **Bold** are spoken by the People)*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Ho-ly, ho - ly, ho - ly Lord, God of pow - er,
God of might. Heav-en and earth are full of your glo -
- ry. Ho-san-na in the high - est.
Bless-ed is he who comes in the name of the Lord,
in the name of the Lord. Ho-san-na in the high -
- est, ho-san-na in the high - est.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

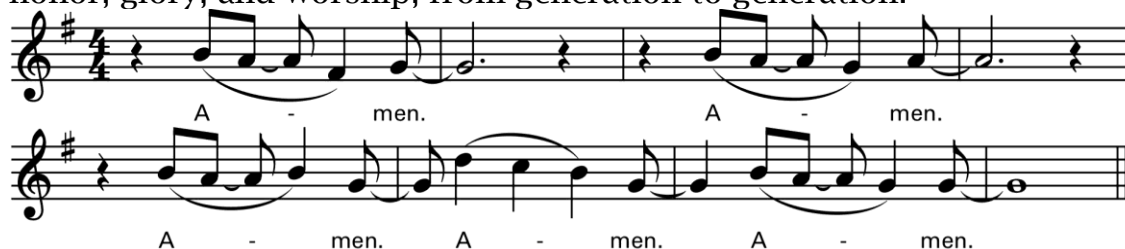
Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.



*The people may stand or kneel.
The Celebrant then continues*

As our Savior Christ
has taught us,
we now pray,

People and Celebrant

Our Father in heaven,
 hallowed be your Name,
 your kingdom come,
 your will be done,
 on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins
 as we forgive those
 who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kingdom, the power,
 and the glory are yours,
 now and for ever. Amen.

The Celebrant breaks the bread
A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;
 Therefore let us keep the feast. Alleluia

The Celebrant says
 The Gifts of God for the People of God.

Communion is open to everyone

Communion Hymn Let Us Be Bread

The musical score is written for a single melodic line in treble clef, key of B-flat major (two flats), and 3/4 time. It consists of four staves of music. The lyrics are written below the notes. The first staff contains the first line of the hymn. The second staff contains the second line. The third staff contains the third line, which ends with a double bar line. The fourth staff contains the fourth line, which begins with a first ending bracket.

Let us be bread, blessed by the Lord, bro-ken and shared,
 life for the world. Let us be wine, love free-ly poured.
 Let us be one in the Lord.
 1. I am the bread of life, bro-ken for all.

Eat now and hun - ger no more.

2. You are my friends if you keep my com - mands,
no long - er ser - vants but friends.

3. See how my peo - ple have noth - ing to eat.
Give them the bread that is you.

4. As God has loved me so I have loved you.
Go and live on in my love.

After Communion, the Celebrant says

Let us pray.

All who are able, please stand or kneel

Celebrant and People

**Loving God, we give you thanks for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.**

Now send us forth

a people, forgiven, healed, renewed;

that we may proclaim your love to the world

and continue in the risen life of Christ our Savior. Amen.

Blessing

The priest blesses the people, saying

Remember that life is short and we haven't much time to gladden the hearts of those who travel with us. So be swift to love, make haste to be kind, and the blessing of God, Father, Son, and Holy Spirit be with you and remain with you, always. **Amen.**

Closing Hymn: Companions On The Journey Carey Landry

We are com - pan - ions on the jour - ney, break - ing bread and
shar - ing life; and in the love we bear is the hope we share for we be -
lieve in the love of our God, we be - lieve in the love of our God.
1. No long - er stran - gers to each oth - er; no long - er stran - gers
1. in God's house; we are fed and we are nour - ished by the
1. strength of those who care, by the strength of those who care.
2. We have been gift - ed with each oth - er, and we are called by the
2. Word of the Lord: to act with jus - tice, to love ten - der - ly, and to walk
2. hum - bly with our God, to walk hum - bly with our God.
3. We will seek and we shall find; we will knock and the door will be

3. o-pened; we will ask and it shall be giv-en, for we be-lieve in the love of our God, we be-lieve in the love of our God.

4. We are made for the glo-ry of our God, for ser-vice in the name of Je-sus; to walk side by side with hope in our hearts, for we be-lieve in the love of our God, we be-lieve in the love of our God.

Dismissal

Deacon Alleluia, Alleluia, let us go forth into the world, rejoicing in the power of the spirit.

People Thanks be to God. Alleluia, Alleluia.

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Next Sunday: September 6th ~ 10:00 a.m. ~ Holy Eucharist

Please take your September Newsletters!



**Aug 30th - Sept 5th ~ Etta Johnson
~ Sheila Johnson**



September 3rd ~ Lee & Carol Grim

**Congratulations to you: May your faith be true &
may God's love and blessing descend upon you!**